

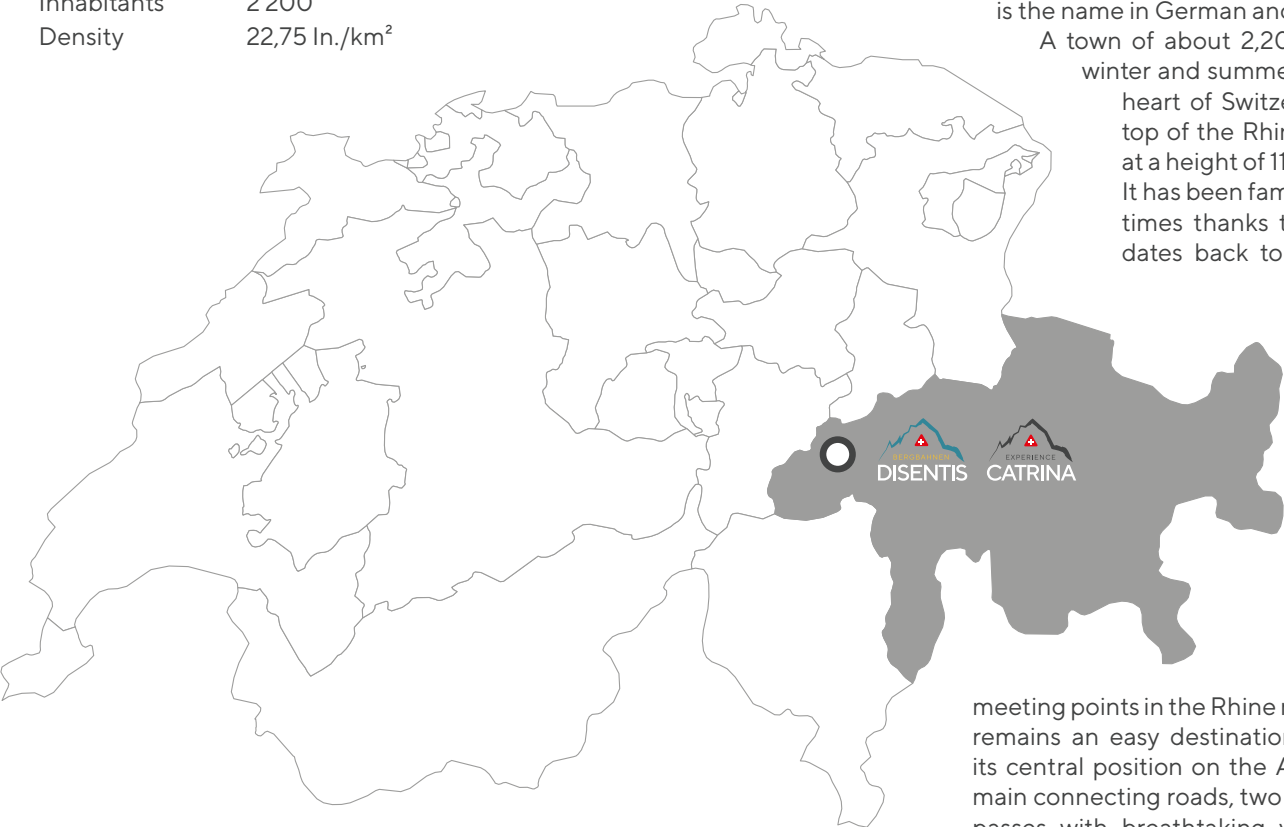


DISENTIS  
MUSTÉR  
INFO

Country	Switzerland
Canton	Graubünden
Region	Surselva
Languages	Romansch - German
Coordinates	46°41'59"N 8°50'59"E
Altitude	1130 m asl
Surface	90,98 km²
Inhabitants	2200
Density	22,75 In./km²

WHERE WE ARE?

DISCOVER HOW MUCH  
IT IS EASY TO REACH US



Disentis is officially called Disentis / Mustér since 1963: Disentis is the name in German and Mustér in Romansh. A town of about 2,200 inhabitants, it is a winter and summer tourist resort in the heart of Switzerland located at the top of the Rhine valley. It is located at a height of 1130 m above sea level. It has been famous since the earliest times thanks to its convent, which dates back to 850. This is one of the oldest Benedictine monasteries in the north of the Alps. Disentis was a strategic point of passage during religious pilgrimages as it was the gateway to reach the most important spiritual meeting points in the Rhine region. Today Disentis remains an easy destination to reach thanks to its central position on the Alps and to the three main connecting roads, two served by two Alpine passes with breathtaking views - the Oberalp pass and the historic Lucomagno pass - and the third is served by a panoramic cantonal road that crosses the Surselva region and always accessible during the year. If you do not want to use the car but take a quiet trip admiring the countless Swiss landscapes, you can reach us thanks to the railway network. Disentis is served daily by countless trains and especially has the stop of the famous Glacier Express, the train that crosses the Swiss Alps. Located in the Graubünden Canton on the border with the Uri Canton, Disentis is an alpine pearl, surrounded by imposing mountains that exceed 3000 m above sea level, and from millenary glaciers. Come and visit us and you will be enthusiastic.

DISTANCE  
FROM  
THE MAIN  
CITIES

Zurich	130 Km
Sangallo	150 Km
Lucerne	100 Km
Lugano	110 Km
Milan	180 Km
Münich	300 Km

3 street „2 steps“

OBERALP PASS

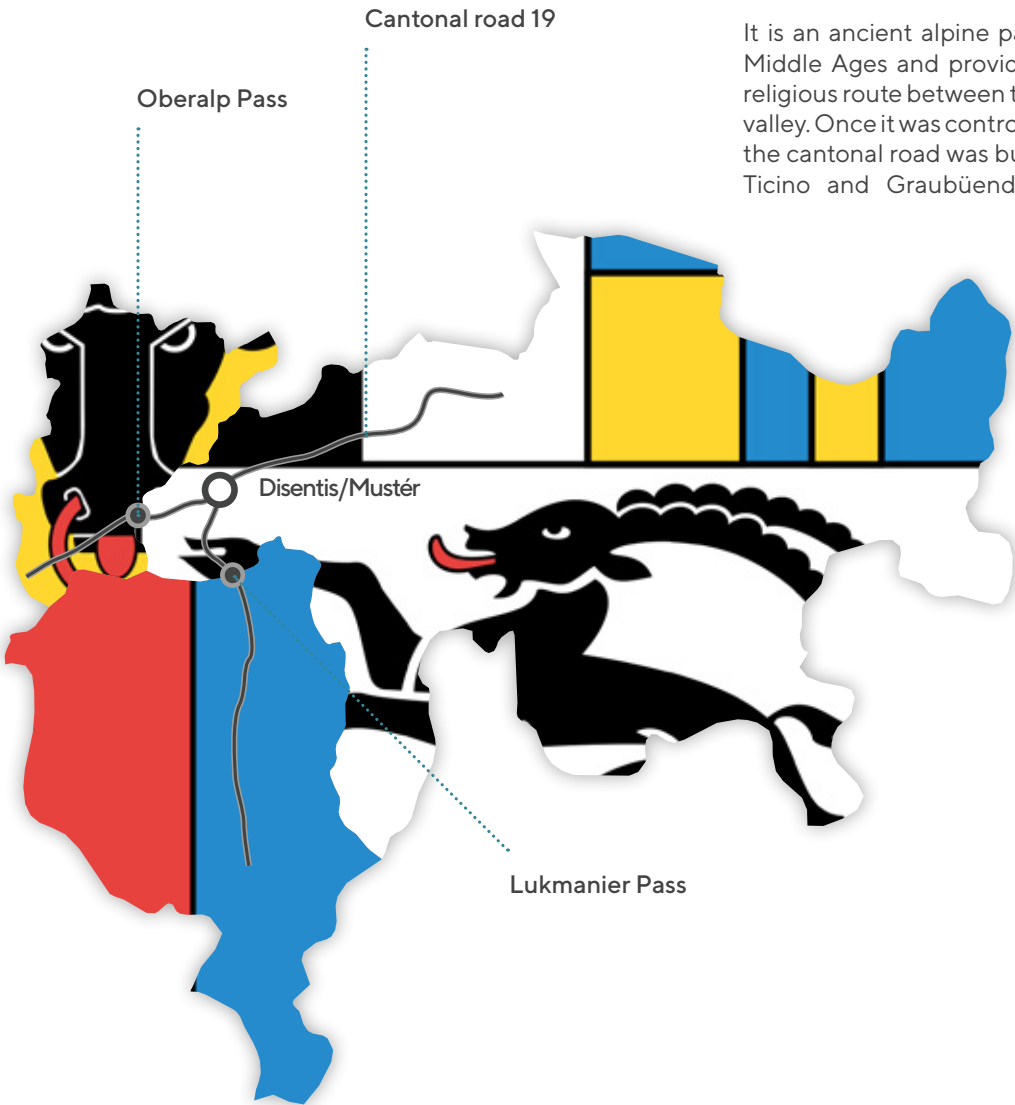
At 2046 m above sea level the Oberalp pass, on the Gotthard mountain, divides the Glarus Alps with the Lepontine Alps. This alpine pass connects two cantons Uri and Graubünden. Open for most of the year it is closed during the winter period between Andermatt and Sedrun, but shuttle train services are guaranteed for people and cars. This alpine pass provides the road for German and French to Switzerland to reach the destination Disentis.

LUKMANIER PASS

It is an ancient alpine pass that was used from the early Middle Ages and provided a passage to pilgrims for the religious route between the Pianura Padana and the Rhine valley. Once it was controlled by the Disentis Abbey. In 1876 the cantonal road was built to connect the two cantons Ticino and Graubünden. It is still used throughout the year with time limitations during the winter period.

CANTONAL  
ROAD 19

Following the cantonal road 19 which can be reached from exit 18 of motorway 13, you can cross the Surselva region and in about 40km to reach Disentis. This cantonal road is easy to travel and open all year round. Even during the majestic snowfalls, very frequent during the winter season, the road is always well maintained and cleaned by the snow plow service. Cantonale 19 serves the whole area of the part of eastern Switzerland.



DISENTIS



# WINTER

## GASTRO & SLEEP

- |                           |                              |
|---------------------------|------------------------------|
| 01 CATRINA EXPERIENCE     | 08 STÜVA TILDI               |
| 02 RESORT                 | 09 PIZZERIA RESTAURANT       |
| 03 HOTEL                  | 10 STIVA PIUS                |
| 04 LODGE                  | 11 CAISCHAVEDRA SELF SERVICE |
| 05 HOSTEL                 | 12 LAI ALV                   |
| 06 STEAK-HOUSE CHEVRINA   | 13 BAR NEVADA                |
| 07 STIVA URSUS RESTAURANT | 14 BARGIA                    |

## SPORTS

- |                |                 |
|----------------|-----------------|
| 01 SKI RESORT  | 09 SLEDGE       |
| 02 SKI         | 10 PARAGLIDING  |
| 03 FREERIDE    | 11 SKI RUNNING  |
| 04 NORDIC SKI  | 12 SPORTSHOP    |
| 05 TOURING SKI | 13 SKI SCHOOL   |
| 06 SNOW TREK   | 14 SPORT CENTER |
| 07 FATBIKE     | 15 INDOOR CLIMB |
| 08 ICE SKATING |                 |

## EVENTS

- |                    |                    |
|--------------------|--------------------|
| 01 KINDERLAND      | 05 TROFEA PÉZ AULT |
| 02 MOON IS ROUND   | 06 FATBIKE         |
| 03 FONDUE NIGHT    | 07 SNOW VOLLEYBALL |
| 04 NOCHE ARGENTINA |                    |

## ACTIVITIES

- |                    |                    |
|--------------------|--------------------|
| 01 ZORBING         | 07 MONASTERY       |
| 02 FARM            | 08 DAIRY           |
| 03 SNOWTUBING      | 09 MINERALI MUSEUM |
| 04 DESTILLARIA     | 10 BOGN SEDRUN     |
| 05 HORSE RIDING    |                    |
| 06 ACADEMIA VIVIAN |                    |

